

# Italian Cheesy Breadsticks

**Prep Time: 5 minutes**  
**Cook Time: 10 minutes**  
**Serves: 6-8**

## Ingredients

1 sheet puff pastry, thawed  
1 tbsp butter, melted  
 $\frac{1}{4}$  cup grated Parmesan cheese  
Italian seasoning

## Method

Roll out the puff pastry and cut into thin strips  
Brush the strips with melted butter  
Sprinkle with parmesan and Italian seasoning  
Turn the strips over and repeat  
Twist the strips by turning in opposite directions both both ends  
Place on a baking tray lined with a baking sheet and cook for about 10 minutes, until golden brown